



Muskegon Clinic: 231-737-4374

GENERATION CARE
Your Health. Our Passion.

Grand Haven Clinic: 616-935-3300

New Programs for People Challenged by Parkinson's Disease!



NEW!! Pedaling for Parkinson's Program

- *High speed spinning (80-90 rpm) for 40 minutes, 3 times a week with a Lead Rider*
- *Available Monday – Friday by appointment. Sign up for times at front desk today!*
- *Cost: Included in Encore membership OR \$4/session **Muskegon; Grand Haven***
- *Proven effective to reduce symptoms and medication use by 40-75%!!*



NEW! BIG® Program * Muskegon Clinic

- *4 week, Intensive Movement Therapy Program; 4 times per week; 1 hour sessions*
- *Program led by LSVT Certified Physical and Occupational Therapists*
- *Program is billable to insurance if ordered by a physician*
- *PILOT PROGRAM STARTING WITH 2 PARTICIPANTS: October 31st; November 28th*



NEW! LOUD® Program * Muskegon Clinic

- *4 week, Intensive Voice Rehabilitation Program; 4 times per week; 1 hour sessions*
- *LSVT Certified Speech-Language Pathologist*
- *Improved vocal loudness, improved intelligibility, more facial expression proven to last years following program*
- *Program is billable to insurance if ordered by a physician*
- *PILOT PROGRAM STARTING WITH 2 PARTICIPANTS: October 31st; November 28th*

Call to sign up for appointment times for Pedaling and for the BIG and LOUD patient lists!